DOSLEY

Pen supply and refill log

Filled example - fictional records

Fictional entries show how the fields work. They are not a dose, a schedule or a supply plan.

This sheet records what already happened. It does not set a dose, schedule or target.

Name or initials, optional _____ Period covered _____

Pen or pack label
Pen A, box 1

Date of first use
01 Sep 2026

Medication and strength, copied from the box or prescription label
Example medication, strength copied from the box label

Injections from this pen: tick a box and write the date each time. The boxes are not a dose count.

1	2	3	4	5	6	7	8	9	10
☑	☑	☑	☐	☐	☐	☐	☐	☐	☐
01 Sep	09 Sep	16 Sep							

Storage notes
Kept in its box at home

Refill date you chose
20 Sep 2026

Notes
Pharmacy order placed on 18 Sep

Pen or pack label
Pen B, box 1

Date of first use

Medication and strength, copied from the box or prescription label
Example medication, strength copied from the box label

Injections from this pen: tick a box and write the date each time. The boxes are not a dose count.

1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Storage notes
Unopened, in its box

Refill date you chose

Notes
Next pen in the same box

Pen or pack label

Date of first use

Medication and strength, copied from the box or prescription label

Injections from this pen: tick a box and write the date each time. The boxes are not a dose count.

1	2	3	4	5	6	7	8	9	10
☐	☐	☐	☐	☐	☐	☐	☐	☐	☐

Storage notes

Refill date you chose

Notes